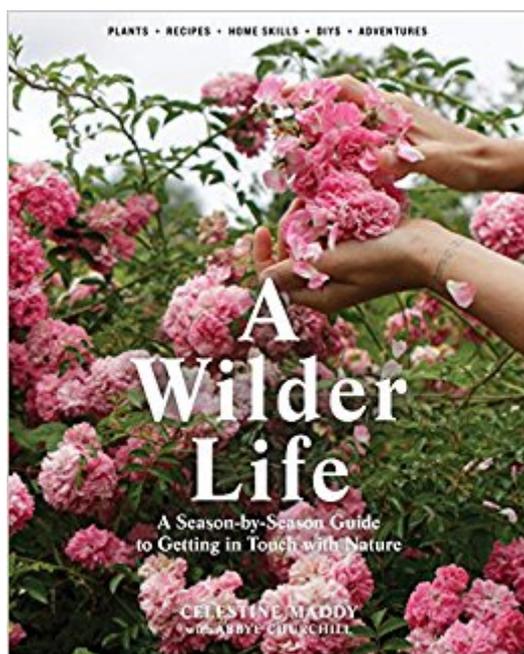


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# A Wilder Life: A Season-by-Season Guide To Getting In Touch With Nature



## Synopsis

In our technology-driven, workaday world, connecting with nature has never before been more essential. *A Wilder Life*, a beautiful oversized lifestyle book by the team behind the popular *Wilder Quarterly*, gives readers indispensable ideas for interacting with the great outdoors. Learn to plant a night-blooming garden, navigate by reading the stars, build an outdoor shelter, make dry shampoo, identify insects, cultivate butterflies in a backyard, or tint your clothes with natural dyes. Like a modern-day *Whole Earth Catalog*, *A Wilder Life* gives us DIY projects and old-world skills that are being reclaimed by a new generation. Divided into sections pertaining to each season and covering self-reliance, growing and gardening, cooking, health and beauty, and wilderness, and with photos and illustrations evocative of the great outdoors, *A Wilder Life* shows that getting in touch with nature is possible no matter who you are and—more important—where you are.

## Book Information

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## Customer Reviews

“The new book that’s becoming our natural beauty obsession. . . . It’s a comprehensive, coffee table-worthy, DIY project-packed manual for enjoying all four seasons through interaction with nature—including recipes (foraged elderflower champagne! Pumpkin butter!), gardening and home tips. . . . It’s also a particularly good resource for natural-beauty buffs.” —*Vogue.com* “Wander through the pages of *A Wilder Life* in awe and appreciation. . . . [The book] urges readers to garden with a purpose—to stew, brew, can and pot. . . . Nature isn’t just a screen saver.

It's a soul saver. •The New York Times Book Review "Will smarten up any side table. •Domino "A beautiful, informative, thoughtful compilation of facts, recipes, DIY instructions, and more •a book designed to put you a little more in touch with nature and a lot more in touch with yourself. •Organic Lifestyle Magazine

Celestine Maddy is the founder and publisher of Wilder Quarterly. She was named one of Fast Company's Most Creative People in Business for 2012 and is also a Cannes Lion winner. Before founding Wilder Quarterly, Maddy was the director of emerging media at the global agency StrawberryFrog. She lives in San Francisco, where she is currently VP of marketing at Reddit.

Charming book with lovely images. Very well organized, concise and easy to read. Many skills explained in simple steps, making it easier to understand and emulate. Although I live in South Florida and do not experience a northern style winter, the seasonal chapters can easily be adapted to my climate. I am an avid gardener in the process of creating a food forest and wanted to incorporate various uses of plants into my family's life as well as create a habitat for pollinators. This book has inspired me in many ways and beautifully complements what I seek to achieve in my garden and life. I highly recommend the book as a muse for incorporating the wild into our lives.

Great book to start out with for those new to the concept of being closer to nature. I was inspired to revisit and start new hobbies I always said I would do but never did.

Such a cute book with ideas for every season. An awesome guide to a more natural life, I would definitely recommend.

love love love! Best purchase in a long time! Easy to read and just a beautiful book. having my hands on it makes me happy!

could be more thorough

Pretty to look at, but only throws ideas out there not show you how to do anything that's on the back

I checked this book out from my local library. A beautiful coffee table book full of inspiration for

natural living. The book is full of seasonal beauty. Divided into sections covering the seasons with "projects" appropriate to the time of year. For example in Spring we are going to learn to grow things from seeds, understand cheese, make elderberry champagne, and get started on beekeeping. In Fall we are going to make pumpkin butter, set up an at home herbalist pharmacy, and understand the secrets of fall's changing leaves. It bounds with eternal optimism of cool things I could plant or the fabric I could dye using those beets, carrots and kale I planted. The problem is, the book is extremely light on details. This book has to be viewed as a book of inspiration, that will take you somewhere else to find out how to actually accomplish the ideas. A couple of paragraphs of text isn't going to ensure the desired results. I mean I am not going to learn to identify 14 species of butterflies with only a handful of identification tips and no photos of each species. Nor am I going to go foraging in the woods for mushrooms unless I have good realistic clear photos and descriptions of what I am looking for, along with photos and descriptions of the mushrooms I need to avoid. I don't think it is a terrible book, I think it is a quite lovely book, to look at and to inspire, but not to actually use as a guide.

Yes, this is a very pretty book and it will look lovely on your coffee table. However, it is about a fluff, fluff, fluffy as a book offering to encompass composting, animal husbandry, canning, crystal medicine, herbal cookery, home beauty care, beekeeping and weaving in 271 pages can be. "The basics of Edible Mushroom Identification" in ONE page (plus three full-page pretty photos)? Um... mushroom hunting is a bit trickier than that. So is beekeeping (also one page). The Home & Self Reliance chapters include: Ikebana, Make Your Own Summer Sandals, A Modern Macrame Hanging Planter. This is the kind of "back to nature" sampler one might come up with - if one lived in a city (as I believe all of the authors do). Last thing: unless you live in southern California or a similar climate, much of the gardening advice in this book won't be very relevant or useful, despite the lip-service about winter. Very pretty and possibly inspirational to urban Vogue magazine readers, but not terribly helpful.

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